

# Comparisons of Job Characteristics

**Focus Occupation:** [Recreational Therapists \(29-1125\)](#)

**Associated Occupation:** [Fitness Trainers and Aerobics Instructors \(39-9031\)](#)

[Compare Knowledge](#)

[Compare Skills](#)

[Compare Abilities](#)

[Compare Detailed Work Activities](#)

[Compare Tools and Technologies](#)

<<	Focus occupation element is much lower
<	Focus occupation element is lower
0	Focus occupation element is at a similar level
>	Focus occupation element is at a higher level
>>	Focus occupation element is at a much higher level

## Knowledge

Similarity of Focus Occupation to Associated Occupation: 74

**Focus Occupation:** Recreational Therapists (29-1125)

**Associated Occupation:** Fitness Trainers and Aerobics Instructors (39-9031)

Associated Occupation's Key Knowledge Elements	Average Rating, All Occupations	Associated Occupation's Rating	Focus Occupation's Rating	Evaluation of Focus Occupation	
Customer and Personal Service	11.3	16.8	16.2	0	Current knowledge level may be sufficient
Education and Training	9.2	16.3	15.2	0	Current knowledge level may be sufficient
Psychology	6.4	10.6	21.3	>>	Current knowledge level is likely more than sufficient
Sociology and Anthropology	4.1	6.6	13.5	>>	Current knowledge level is likely more than sufficient

The maximum possible rating is 25.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.

## Skills

Similarity of Focus Occupation to Associated Occupation: 87

**Focus Occupation:** Recreational Therapists (29-1125)

**Associated Occupation:** Fitness Trainers and Aerobics Instructors (39-9031)

Associated Occupation's Key Skills Elements	Average Rating, All Occupations	Associated Occupation's Rating	Focus Occupation's Rating	Evaluation of Focus Occupation	
Instructing	7.8	13.1	10.8	<	A higher skill level may be required
Service Orientation	7.9	11.5	13.5	>	Skill level is likely sufficient
Learning Strategies	7.2	11.0	9.1	<	A higher skill level may be required
Social Perceptiveness	9.1	10.7	13.2	>	Skill level is likely sufficient

The maximum possible rating is 25.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.

## Abilities

Similarity of Focus Occupation to Associated Occupation: 54

**Focus Occupation: Recreational Therapists (29-1125)**  
**Associated Occupation: Fitness Trainers and Aerobics Instructors (39-9031)**

Associated Occupation's Key Abilities Elements	Average Rating, All Occupations	Associated Occupation's Rating	Focus Occupation's Rating		Evaluation of Focus Occupation
Trunk Strength	5.7	14.1	7.3	<<	Extensive improvement in abilities may be required
Stamina	4.0	13.8	6.7	<<	Extensive improvement in abilities may be required
Gross Body Coordination	3.9	13.2	7.3	<<	Extensive improvement in abilities may be required
Extent Flexibility	4.8	12.3	4.8	<<	Extensive improvement in abilities may be required
Dynamic Strength	3.5	12.2	6.0	<<	Extensive improvement in abilities may be required
Gross Body Equilibrium	3.2	8.2	5.2	<<	Extensive improvement in abilities may be required
Dynamic Flexibility	1.2	7.5	1.3	<<	Extensive improvement in abilities may be required

The maximum possible rating is 25.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.

## Activities that Both Occupations Have in Common

Similarity of Focus Occupation to Associated Occupation: 70

**Focus Occupation: Recreational Therapists (29-1125)**  
**Associated Occupation: Fitness Trainers and Aerobics Instructors (39-9031)**

Work Activities	Exclusivity of Activity
Lead recreational activities	89
Use interpersonal communication techniques	10

Not all positions in these occupations will necessarily perform all of the listed activities. The exclusivity rating is an indication of how unique the activity is amongst all occupations. The maximum rating is 100. High scores indicate that only a small number of occupations engage in that activity.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.

## Tools and Technologies that Both Occupations Have in Common

Similarity of Focus Occupation to Associated Occupation: 7

**Focus Occupation: Recreational Therapists (29-1125)**  
**Associated Occupation: Fitness Trainers and Aerobics Instructors (39-9031)**

Tools and Technologies	Exclusivity
Audio and visual equipment	4
Computers	1
Content authoring and editing software	1
Data management and query software	1
Industry specific software	1

Information exchange software	1
Network applications software	1
Rehabilitation exercise devices and equipment	24

Not all positions in these occupations will necessarily use all of the listed tools and technologies. The exclusivity rating is an indication of how unique the tool or technology is amongst all occupations. The maximum rating is 100. High scores indicate that only a small number of occupations use that tool or technology.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.